

MANNA QUAIL AND WATER

Sunday School Lesson 11/7

Lesson Opening: God Provides for Complainers

Ask: What is something you've complained about in the last week?

Ask: Does complaining ever really get us anywhere?

Say: When we complain, it shows that our hearts are not grateful for the things we have. God wants us to have grateful hearts, and He also wants us to come to Him with our requests rather than grumbling when we don't get our way. That doesn't mean that God will always give us exactly what we want, but we can trust God to give us exactly what we need.

Say: Today we will hear the story of the Israelites grumbling in the desert.

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God loved the Israelites and their leader, Moses. God promised to bring the people to a place where they could build homes and live happily. They had never

QUESTIONS ABOUT THE STORY

1. Where did God plan to bring the people?

2. Why were they afraid?

But God went with them as they walked long and far to the place God promised.

Traveling was hard and tiring. Along the way, the people became hungry. They complained to Moses. "I'm so hungry!" one boy cried. "I wish we could go back to Egypt!" whined a little girl. "At least we had food to eat there!" Her stomach growled. The people missed their dinners of meat and bread.

The Israelites didn't know that God heard them complaining. That evening, something strange happened. Tiny birds, called quails, appeared everywhere! God had sent the quails so the people could eat meat.



QUESTIONS ABOUT THE STORY

3. What did God provide to the Israelites after they were complaining to be hungry?



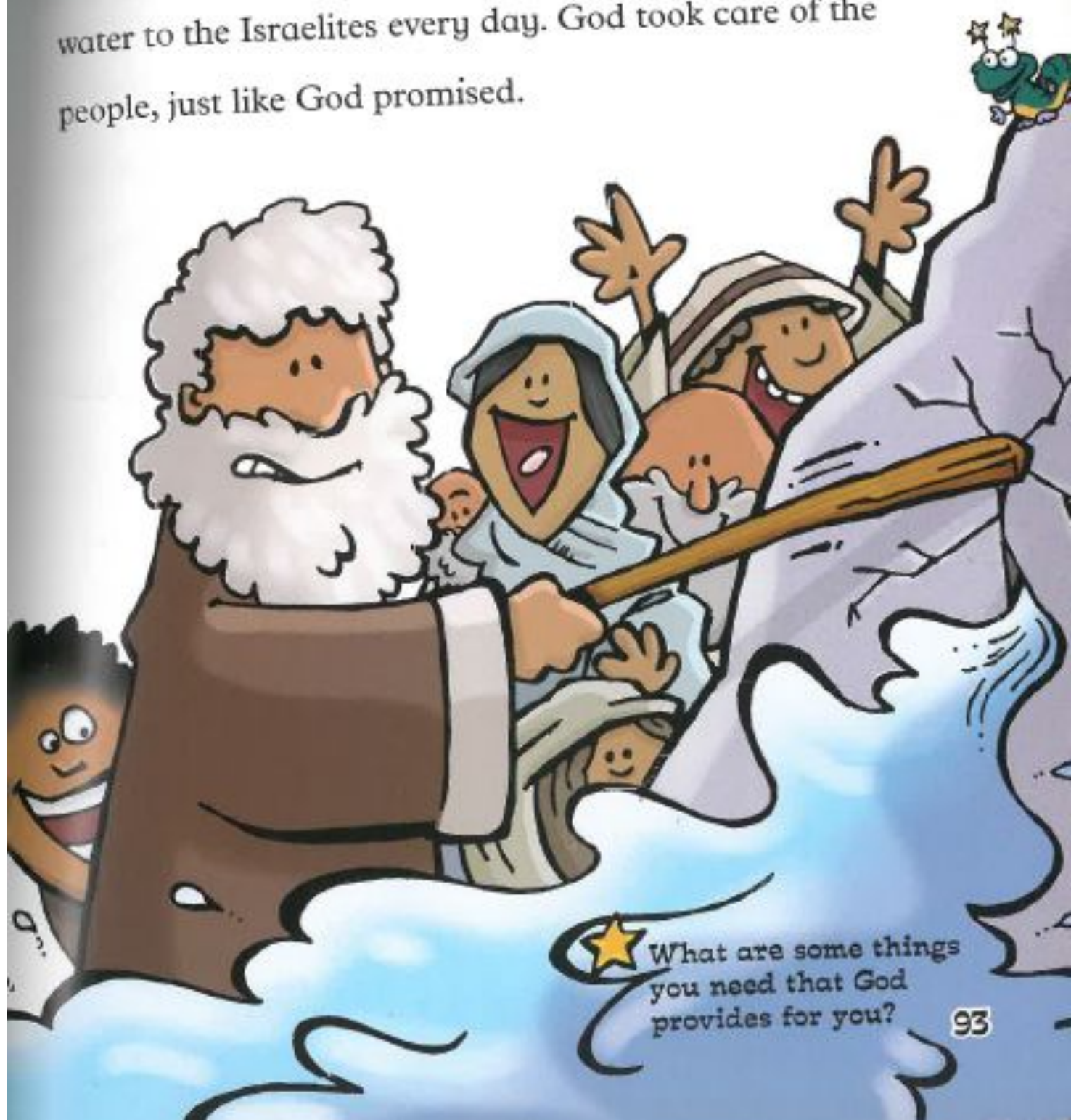
The next morning, the ground glistened with fresh dew. Even after the sun dried up the dew, there was still something covering the ground. It looked like bread had rained down from heaven! It was manna! The manna looked like tiny seeds and tasted like bread. The people ate and ate. Every day God sent manna and quails so that the people had food to eat.

The Israelites kept traveling toward the place God promised. After a while they ran out of water. Even though God had given them food when they were

QUESTIONS ABOUT THE STORY

4. What did God send everyday to the people?

This time God told Moses to hit a rock with his staff. When he did, water gushed out of the rock! The people had more than enough to drink. God gave food and water to the Israelites every day. God took care of the people, just like God promised.



What are some things you need that God provides for you?

QUESTIONS ABOUT THE STORY

5. What did God tell Moses to do when the people were thirsty?

6. What are some things that God provides for you?

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Read Aloud

Read from the Spark Story Bible

<https://youtu.be/1Q1n0V7yGFE>

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https://drive.google.com/file/d/0B3uNEVAAKowpd0d1dU9S0XZGamc/view?usp=drivesdk&sourcekey=0-6ejKW_JIk5UQJ27Hr_9oZg

Learning Activity 1: Thankful Hearts

Supplies: Heart templates ([download here](#)), crayons

- **Explain** that God wants us to have hearts that thank Him for the good things He has done for us. When we grumble and complain it shows that we are ungrateful for His gifts.
- Encourage the kids to think about the things that God has given them. What gifts (material things, talents, etc.) have they enjoyed from God?
- Pass out the heart templates and invite the kids to cut them out and write out the things they are thankful to God for. If there's time, have the kids share what they wrote, then display the hearts on the board.

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<https://coloringhome.com/coloring-page/1026666?album=coloring-pages-for-children-manna-quail-and-water>

Let's Pray

Dear God, thank you for providing for us even when we grumble. Please forgive us for being ungrateful and give us hearts that love you more each day. Thank you for giving us Your Word where we can see Your faithfulness to Your people even long ago!

In Jesus name, Amen