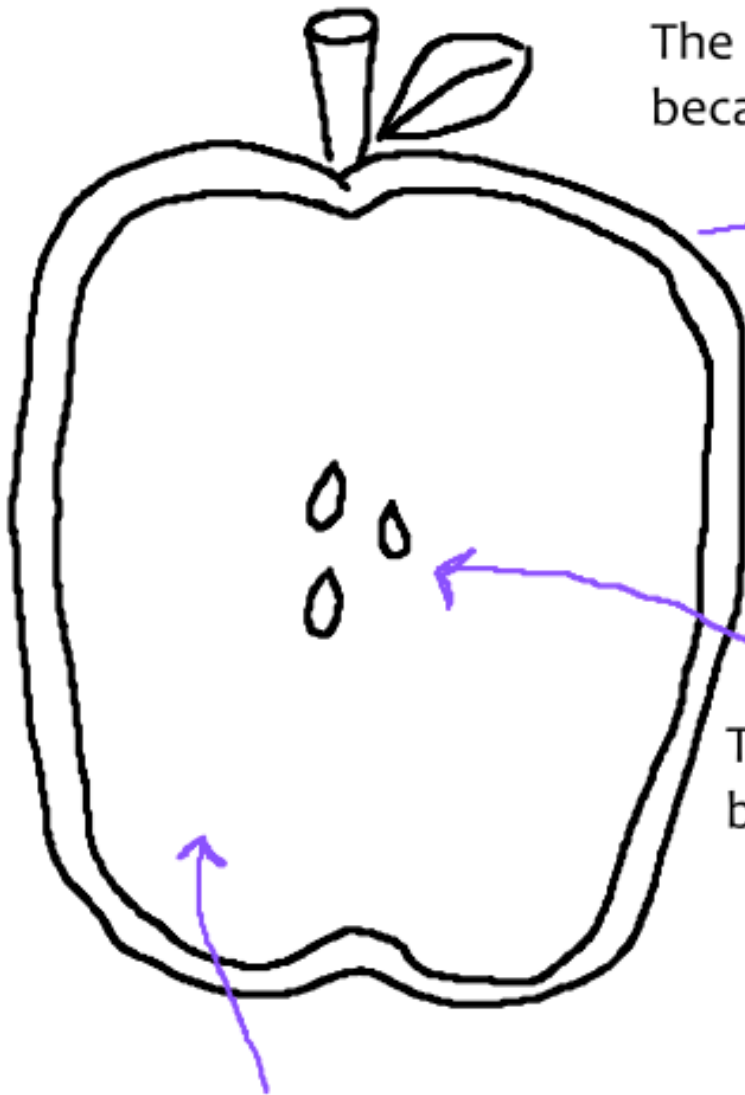


Holy Trinity Sunday

How an apple is like the Trinity...



The peel is like God the Father, because He protects us.

The seeds are like the Holy Spirit, because He helps us to grow.

The flesh is like God the Son, because Jesus is God made flesh/human.